

Michelle is a certified peer recovery coach who's dedication for coaching mirrors her dedication for her own recovery. Michelle has been in recovery since August of 2012 and has been working in the recovery field since 2017 in both a non-profit and criminal justice setting. She has her Bachelor of Science degree in criminal justice and a Master of Science degree in psychology. She is a NAADAC member and is certified as a Colorado Peer and Family Specialist, she is currently working on obtaining her NCPRSS.

Outside of recovery coaching, you will find Michelle tending to her ball pythons, hanging out with her sidekick puppy named Radar, or watching horror movies. Her favorite quote is "You can fear the answers but you cannot avoid them" -Anonymous

